

Terms of Use & Privacy Policy

Effective Date: 06/15/2025

Welcome to Function and Flourish Family Coaching! By accessing or using our website and services (the “Site”), you agree to the following Terms of Use and Privacy Policy. Please read them carefully. If you do not agree, please do not use this Site.

1. Use of Site and Services

Function and Flourish Family Coaching provides educational content and coaching services for personal development and family support. You agree to use this Site lawfully and respectfully. You may not:

- Use the Site to harass, abuse, or harm others.
 - Copy, share, or republish materials without permission.
 - Attempt to interfere with or disrupt Site functionality.
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2. Coaching Disclaimer

Our coaching services are not therapy or medical care. All content and guidance provided are for educational and informational purposes only. Please consult a licensed professional for medical, psychological, or mental health support.

3. Intellectual Property

All content on this Site—including text, graphics, logos, videos, downloads, and other materials—is the property of Function and Flourish Family Coaching and protected by copyright laws. You may use content for personal, non-commercial use only.

4. Payments and Refunds

Payments are due prior to receiving services or digital products. All sales are final unless otherwise stated. If you are dissatisfied, please contact us to discuss potential solutions.

5. Privacy Policy

5.1 Information We Collect

We may collect:

- Personal information you provide (e.g., name, email, information shared in forms or sessions)
- Usage data (e.g., IP address, browser type, page visits)

5.2 How We Use Your Information

We use your information to:

- Provide coaching services and resources
- Respond to inquiries
- Improve our website and offerings
- Communicate updates, newsletters, or offers (with your consent)

We **do not sell, trade, or rent** your personal information to third parties.

5.3 How We Protect Your Information

We use appropriate security measures to protect your data from unauthorized access or disclosure. However, no system is completely secure, and you share information at your own risk.

5.4 Cookies

This Site may use cookies to enhance user experience and track usage data. You can modify your browser settings to disable cookies if you prefer.

5.5 Third-Party Links

Our Site may include links to external websites. We are not responsible for the privacy practices of those sites.

6. Confidentiality

All personal information shared during coaching sessions is kept confidential and used solely to support your coaching goals, in accordance with ethical coaching standards.

7. Limitation of Liability

Function and Flourish Family Coaching is not liable for any damages arising from your use of the Site or services, including but not limited to indirect or incidental damages.

8. Changes to This Policy

We reserve the right to modify these Terms and our Privacy Policy at any time. Updates will be posted on this page with a new effective date.

9. Contact Us

If you have any questions about these Terms or our Privacy Policy, please reach out to:

Function and Flourish Family Coaching

Email: [Insert Email Address]

Website: [Insert Website URL]