

Legal Disclaimer

Function and Flourish Family Coaching provides educational and coaching services designed to support families in fostering connection, understanding, and growth. While our services are grounded in evidence-based practices and personal experience, **we are not licensed medical professionals, therapists, or psychologists**, and our coaching should not be considered a substitute for medical advice, diagnosis, or treatment.

All content provided through our coaching, workshops, resources, website, and social media platforms is intended for informational purposes only. By engaging with Function and Flourish Family Coaching, you acknowledge that:

- You are responsible for your own decisions, actions, and results.
- Coaching is not therapy, medical treatment, or a crisis service.
- We do not guarantee specific outcomes and results may vary.

If you or your child are experiencing a medical or mental health emergency, please contact a qualified professional or emergency services immediately.

By participating in our services, you agree to hold Function and Flourish Family Coaching, its owner(s), and affiliates harmless from any and all liability resulting from the use or misuse of the information provided.